

California Department of Education

August 16, 2016

Mitigation Strategies Checklist for District and School Leaders

1. Inform the school community.

- The risks of mosquito bites and how to protect themselves
- [Symptoms of Zika](#)
- How to [apply insect repellent to children](#)
- How to [talk to children about Zika](#)
- [Sexual transmission of Zika](#)

2. As appropriate, encourage the use of the following:

- [Environmental Protection Agency \(EPA\)-registered insect repellents](#) containing one of these active ingredients: DEET, picaridin, IR3535, oil of lemon eucalyptus, or para-menthane-diol
- Long-sleeved shirts and long pants
- Clothing and gear treated with permethrin that will provide an added layer of protection
- Lightweight, loose fitting clothing during the warmer months. When wearing longer sleeves and pants, take additional steps to prevent [heat-related illnesses](#) (for example, drink additional water and take rest breaks)

3. Conduct routine mosquito control at home and around school properties.

- Once a week, empty and scrub, turn over, cover, or throw out any items that hold water where mosquitoes could lay eggs.
- [Repair septic tanks](#) and screens on windows and doors.
- Treat standing water that cannot be removed and will not be used for drinking or swimming with larvicides.

- Use outdoor and indoor insecticides according to label instructions to kill mosquitoes.
- Contact your local mosquito control district for assistance with applying insecticides and conducting larval control in water that will not be used for drinking.

4. Support members of the school community.

- If requested, consider reassigning anyone who indicates she is or may become pregnant, or who is male and has a sexual partner who is or may become pregnant, to indoor tasks to reduce their risk of mosquito bites.
- Ensure that staff and students receive prompt and appropriate medical evaluation and follow-up after a suspected exposure to Zika virus.
- [Provide resources specifically for parents and caregivers.](#)
- Provide [resources for those traveling.](#)

This checklist is provided by the California Department of Education and is courtesy of the Centers for Disease Control and Prevention.